

Breastfeeding Help Resource List

Breastmilk is one of the most important gifts you can give your baby -
and WIC is here to support you.

Revision date: [7/13/2020]

Local WIC Breastfeeding Resources

City of San Marcos WIC Program 512-393-8040

San Marcos Option 1	Lockhart Option 2	Kyle Option 3	Cibolo Option 4	Seguin Option 5	New Braunfels Option 6
M/W 8 am-4:30 pm Tu/Th 8 am-7 pm Friday 8 am-12 pm	M/W 8 am-7 pm Friday 8 am-12 pm Tu/Th Closed	M/W 8 am-7 pm Tu/Th 8 am-4:30 pm Friday 8 am-12 pm	1 st Wednesday and 2 nd /4 th Thursday every month 9 am-4pm	Mon 8 am-4:30 pm Tu/Th 8 am-7 pm Friday 8 am-12 pm Wed Closed	M/W 8 am-4:30 pm Tu/Th 8 am-7 pm Friday 8 am-12 pm
Peer Counselor 512-738-3877	Peer Counselor 512-618-5059	Peer Counselor 512-376-1805	Peer Counselor 512-753-4821	Peer Counselor 512-753-4821	Peer Counselor 512-304-8382

WIC Breastfeeding Counselors

Call or email your **WIC Breastfeeding Peer Counselor** using the phone numbers above or emailing
WICPeer@sanmarcostx.gov (Joanne Anderson, Marisela Leija, or Irene Avila)

Texas Lactation Support Hotline

855-550-6667

(Available toll-free 24/7, including holidays)

Texas Lactation Support Centers

Mom's Place – Austin

512-972-6700

Lactation Care Center – Dallas

214-670-7222

Lactation Foundation – Houston

713-500-2800, option 1

Lactation Care Center – San Antonio

210-207-7138

Lactation Care Center – McAllen

956-292-7711

Visit texaswic.org/breastfeeding/were-here-help
for more information.

No Cost Community Resources

Christus Santa Rosa, New Braunfels	830-606-9111
Resolute Health Hospital, New Braunfels	830-500-6086
Guadalupe Regional Medical Center, Seguin	830-401-7530
Central Texas Medical Center, San Marcos	512-753-3656
St. David's Medical Center, Austin	512-544-4104
Methodist Lactation Center, San Antonio	210-575-0261
Baptist Health Mother's Milk First, San Antonio	210-297-4086
Seton Medical Center Hays, Kyle	512-504-5000

Helpful Websites

General Info

Breastmilkcounts.com
TexasWIC.org
Kellymom.com

Breastmilk Donations

Milkbank.org (Austin)
Texasmilkbank.org (Dallas)

Medication Questions

Infantrisk.com



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